Turning Babies before 37 weeks

In a recent presentation of the baby is a breech presentation to keep twins delivered at term. It is important to understand the best time for a breech baby to be turned before 37 weeks. If the baby is in another position, there is a higher risk of complications, including the need for cesarean section.

**Type of birth**

The ideal outcome in childbirth for both mothers and babies is a vaginal delivery. However, if the baby is in another position, there is a higher risk of complications, including the need for cesarean section.

**Cesarean section**

Cesarean section rates vary greatly between countries and regions. Avoiding the need for surgery is especially important in countries with high rates of cesarean section in the newborn baby.

**Starting ECV (birth at 37 weeks)**

Starting ECV before term increased hand birth by 37 weeks, with the number of babies born by 37 weeks, including 166 cases.

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These studies are too small to show if ECV is safe for all cases. However, other types of studies suggest that it is safe. We also do not know if ECV should be used high-risk pregnancies.

**Starting ECV before term increased the number of babies born early by 3 babies**

If we repeated these studies, the results can be expected to be the same as or worse than the previous studies.

**Is ECV safe for labor?**

ECV may make co-effect to the number of babies who were premature, which may result in life-threatening complications. However, other types of studies suggest that it is safe. We also do not know if ECV should be used high-risk pregnancies.

**What is a breech presentation?**

A breech presentation is when the baby's feet or buttocks are the first to be born, and the baby's head is not fully turned. This can occur in twin pregnancies, but it is more common in singleton pregnancies. It can also occur if the baby is born prematurely.